God created us with a desire to be with Him. He created us to be looking forward to heaven. This planet is fallen, broken and not heaven. People have been searching for heaven on earth since the beginning of history. Socrates and other ancient philosophers sought wisdom and clarity, Ponce de Leon searched for the fountain of youth, adventurers, explorers and conquerors were never satisfied with the world as it is. I believe the desire to find God is a driving force in mankind. People will give that driving desire many different names, but I believe the discomfort with this world is intrinsic to all humans and is part of God’s plan to get his people to search for Him.

“He has made everything beautiful in its time. Also, He has put eternity in the human heart, yet no one can fathom what God has done from beginning to end.” (Ecclesiastes 3:11).

In our own lives we seek the peace that “transcends all understanding” (Philippians 4:7) which comes from God. Seeking that peace causes some to use drugs or alcohol, others to pursue riches, and others to pursue physical reward. When we seek a Christ-Centered Authentic Self we are looking for a God relationship that transcends this world and transforms our inner being which in turn changes our outward actions.

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1. What have you sought currently or in the past to fill the missing empty place in your heart?

(Examples: Drugs, Alcohol, Sex, Power, Control, Money, Intellect, Achievements, Ministry)

1. Did you find the peace you were looking for? Describe how you feel about falling short of your goals or achieving your goals.
2. What did you want to do/be as a child? Write about the games you played or the fantasy you had about your future.

 4. Currently what are you doing when you feel most passionate and alive?

1. If you had God’s blessing and gifts what would you like to do in your life to fill your childhood

and Christ-like dreams.

1. Think of an incident that hurt you in your area of gifting or heart felt desire? Describe this and

other incidents.

1. Can you identify a repetitive thought/s that attacks your self-worth, attacks your desire to be used by God for his purpose?